

MOST FREQUENTLY ASKED QUESTIONS

Should I stop my aspirin prior to procedure? No, do not stop prior to procedure. It is safer to stay on it for cardiac reasons.

Does my driver have to have a Covid test? Drivers are not required to have a Covid test. However, they should wear a mask.

How long will my procedure take? Patients scheduled in our Windsor facility can plan to be there no longer than 2 hours in total and patients scheduled at the hospital can plan on being there for 3 hours in total.

Can I bring my phone and insurance/driver's license in with me? Yes, but please leave jewelry at home.

Can I wear makeup, nail polish, contacts? A pre-call nurse will answer these questions.

I have a question about insurance and coverage. Please call your insurance company

Can I eat breakfast on my prep day? the directions in the prep box say I can. Please follow the directions that come from our office - NOT THE PREP KIT PAPERWORK in the Box. Our physicians advise NO SOLID FOOD the day before, including breakfast. Patients who have eaten breakfast have had inadequate preps & the physician has been unable to visualize the colon sufficiently & a repeat procedure must be done. We would hate for a patient to go thru the cleansing process & only have to do it again because they ate breakfast or some other solid food the day before.

Is Vanilla Boost considered a clear liquid? Can I use Ensure or other protein drinks instead? Your body digests Vanilla Boost as a liquid & doesn't create more stool. Ensure & the majority of protein drinks are not digested as a liquid & will create more stool, thus "muddying" the viewing field that the doctor will be examining.

What about "protein waters?" IsoPure protein waters (not red or purple) are acceptable.

I am taking antibiotics for a _____ infection - can I still take them? Yes.

Should I take my antibiotics like I do before dental appts? Our physicians do not require it. Please check with your surgeon's office.

Do I need a preop? No. Your recent office visit/completed health history suffices.

Can I add an endoscopy? (it's been a few years; my PCP advised one; I always have an endoscopy with my colonoscopy, etc) Office policy is that a patient must discuss it first with one of our providers in an office visit or "telehealth visit". Upper endoscopies are always diagnostic, never routine.

Do I have to drink all of the prep? (I'm a small person; I move my bowels every day etc,)

Your physical size does not determine how much laxative needs to be used. People are born with the same amount of GI tract that has to be cleaned out (unless you have had surgery to remove part of it). Even if you have daily bowel movements or eat very little, your body continues to generate waste (cellular debris, bile etc) that can hide a flat polyp that our physicians need to be able to view & evaluate. Please hydrate well on your prep day & drink ALL of the recommended laxative.

Can I have sugar and creamer with my coffee or tea? You are allowed sugar, artificial sweetener and non-dairy creamer only the day before your procedure. Do not use these the day of the procedure